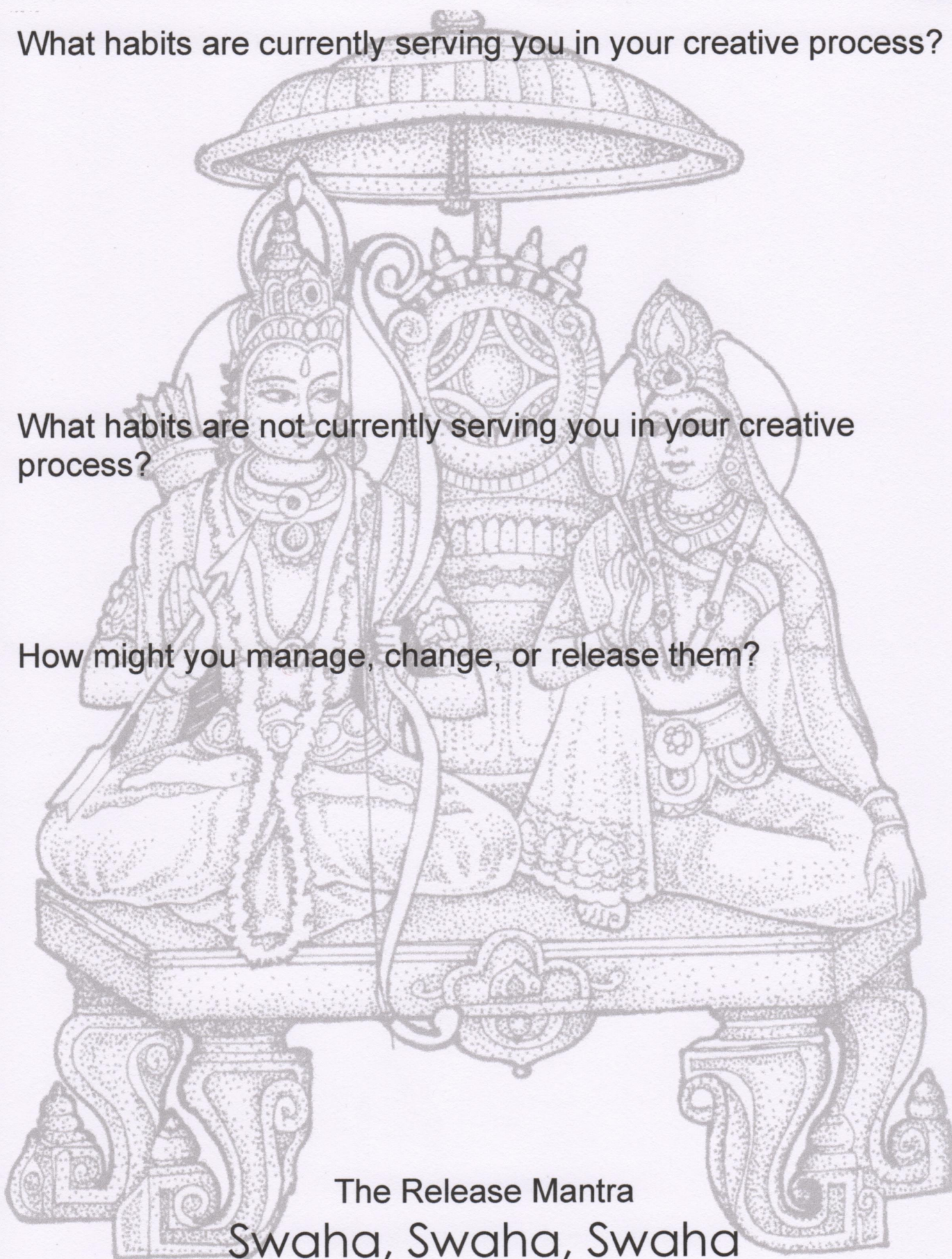


What habits are currently serving you in your creative process?

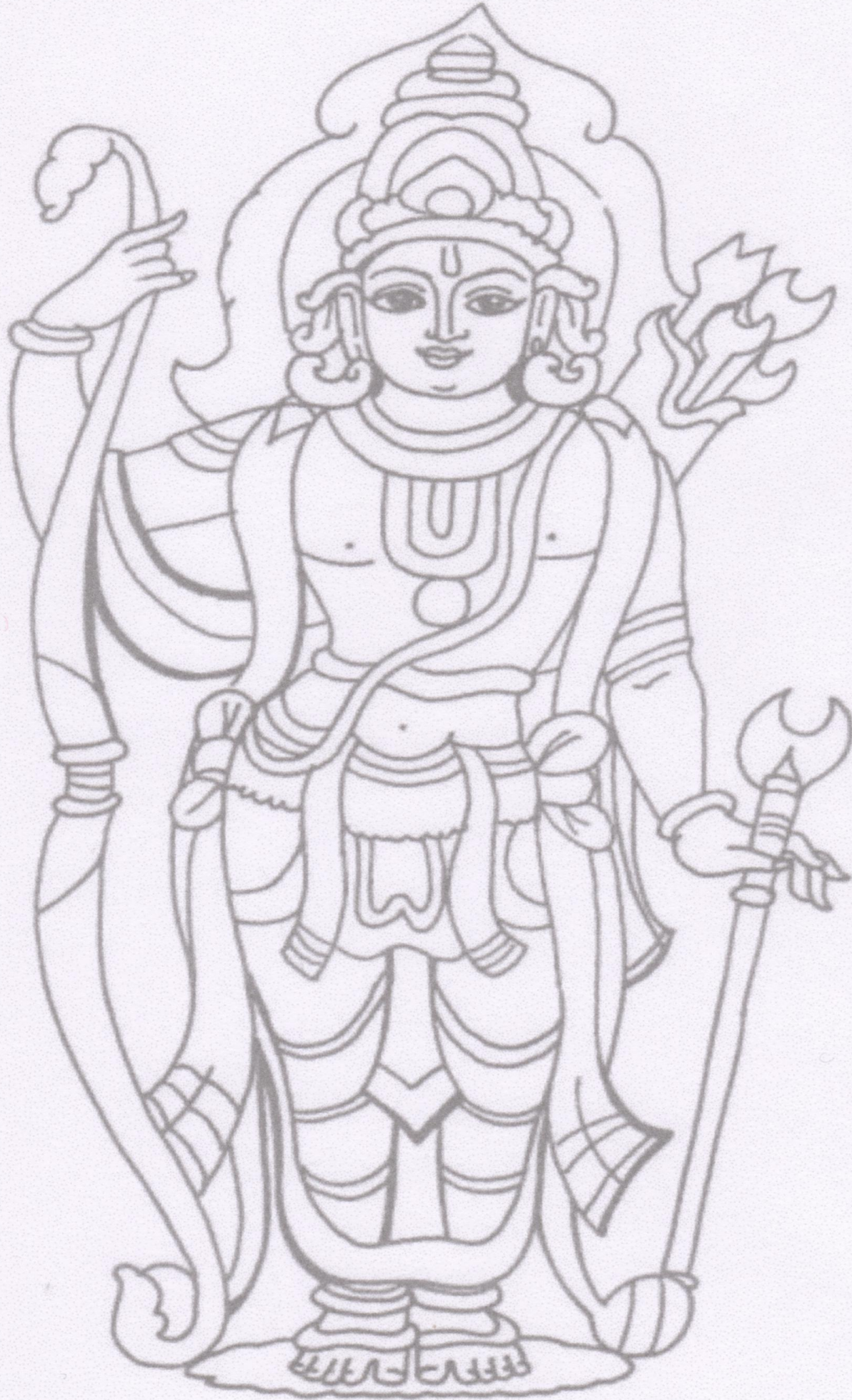
What habits are not currently serving you in your creative process?

How might you manage, change, or release them?



The Release Mantra  
Swaha, Swaha, Swaha

Svadhyaaya  
What do you think is your Dharma?



Shri Ram Jai Ram Jai Jai Ram

What are your Big Umbrella Goals? (Overarching)

What are your Small Umbrella Goals?  
(Small, Readily Attainable)

Jai Sita Ram Jai Jai Hanuman

